



Safety in Mexico

Swine Flu Travel Alert

Current as of 1/25/10

As of Friday, May 15, 2009, the U.S. Department of State Travel Alert relating to the 2009-H1N1 influenza outbreak is no longer in effect. The Travel Alert was issued on Tuesday, April 28, 2009 in response to the Swine Flu Alert posted by the Center for Disease Control and Prevention (CDC) and World Health Organization (WHO). Amor Ministries is releasing this official statement in an effort to keep our missionary participants informed of the impact upon your Mission Trip.

- **Amor Ministries** – Because the majority of the cases reported appear to be limited to Mexico City and key cities within the U.S., Amor Ministries is allowing all scheduled groups to serve in Mexico. Additional hand washing stations have been set up at the Amor camps for groups staying overnight in Mexico. Moreover, Amor is continually monitoring current reports from the State Department, CDC, and WHO organizations. As further information develops, Amor Ministries will update its statement and make new recommendations at that time. As advised by WHO, Amor Ministries asks that any individual traveling to Mexico who is ill avoid crossing the border.
- **WHO** – The World Health Organization raised the worldwide pandemic alert level to Phase 5 on April 29, 2009. The World Health Organization, “is not recommending travel restrictions related to the outbreak of the influenza A(H1N1) virus.” For more information about their daily updates, please visit <http://www.who.int/csr/don/en/>.
- **CDC** – CDC’s Travel Health Warning recommending against non-essential travel to Mexico, in effect since April 27, 2009, has now been downgraded to a Travel Health Precaution for Mexico. Novel influenza A (H1N1) flu spreads “mainly through the coughs and sneezes of people who are sick with the virus.” Health officials are recommending the following actions to prevent the flu:
 - ✓ Avoid close contact.
 - ✓ Stay home when you are sick.
 - ✓ Cover your mouth and nose.
 - ✓ Clean your hands.
 - ✓ Avoid touching your eyes, nose, or mouth.
 - ✓ Practice good health.

For more information about the CDC’s statements, please visit <http://www.cdc.gov/h1n1flu/>.

- **State Department** – State officials continues to remind citizens that “most cases of influenza are not H1N1 influenza,” and are alerting the general public about the recent post from the CDC. A copy of the announcement lifting the Travel Alert can be found at http://www.travel.state.gov/travel/cis_pa_tw/pa/pa_3028.html.

Amor Ministries is taking this health risk seriously and is keeping abreast of new information to keep you safe. As always, Amor will continue to monitor the situation in order to make recommendations with your best interests in mind.

We encourage you to visit our site daily for new developments.

Scott and Gayla Congdon
Founders

*Quotes taken from <http://travel.state.gov>, www.who.int, www.cdc.gov.